

**FACT SHEET**

**Working at Height/ Ladder and Step Ladders Safely**

**Introduction**

This course of training will enable users to perform their duties relating to the safe use of portable ladders and step-ladders in accordance with The Work at Height Regulations and other supporting information and guidance

**Course Aims**

To emphasise to delegates the employer’s statutory duty to have ‘competent persons’ using suitable work equipment; and to enable the delegate to select and use the equipment correctly in a safe manner.

**Objectives**

At the end of the course delegates will be able to: -

* Appreciate that falls from height can be costly, both in monetary and personal injury costs by showing examples of poor practice
* Understand the need for ‘Safe Systems of Work’ under HSAWA by learners discussing what is a safe system of work
* Knowledge of how the legislation applies
* Knowledge of the basic techniques to be adopted for safe use
* Knowledge of how optional ‘accessories’ can aid the user in stabilising ladders
* Gain practice in using the ladder, step ladder and accessories in a simulated work environment
* Demonstrate knowledge retention by passing the written end of course questionnaire

**Trainee Numbers**

A maximum of 18 trainees will be permitted per instructor.

**Duration-** ½ Day

**Achievement Measurement**

Delegates will be assessed throughout the course for knowledge and participation; and by completing the end of course knowledge retention questionnaire